

Jane Fonda's Newest Project: A House Powered by Exercise

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What's **Jane Fonda** up to these days, other than [spending millions](#) on real estate in Beverly Hills? The empress of exercise, along with Spanish design firm **Elli Studio**, may have [put forth](#) the craziest idea for a [micro home](#) yet: an angular, translucent, shack-like thing that's totally powered by stationary bikes, weights, and other "kinetically powered mechanisms," as Architizer [puts it](#), that "encourage residents to engage in various physical activities to both stay fit and generate energy to power the prototype off-the-grid home."



At the moment the **Jane Fonda Kit House** (or **JF-Kit**, as cool gym guys have been calling it) is just a prototype, but the idea of physically powering one's own homes is certainly an interesting one, plus the design is a "visual reminder that the self-sufficient home is a holistic unit and not just a series of rooms and exercises, reflecting the idea that sustainability too is a holistic concept and not just a series of activities."
